

SAINTS PETER & PAUL PRIMARY SCHOOL CANTEEN SUMMER MENU - TERM 4 2017 & TERM 1 2018

THE CANTEEN IS OPEN WEDNESDAY, THURSDAY & FRIDAY

PLACE ORDERS VIA QKR! BY 8.45AM

DOWNLOAD THE APP ON YOUR MOBILE PHONE OR VISIT THE WEBSITE ON [HTTPS://QKR.MASTERCARD.COM](https://qkr.mastercard.com)

OUR CANTEEN COULD NOT OPERATE WITHOUT THE HELP OF VOLUNTEERS. IF YOU WOULD LIKE TO HELP AT ANYTIME, PLEASE DROP IN AND SPEAK TO LAURETTA OR EMAIL ME AT LAURETTA.RACCOSTA@CG.CATHOLIC.EDU.AU

□ GREEN LIGHT FOODS (THESE FOODS ARE HEALTHY & CAN BE EATEN DAILY)

◆ AMBER LIGHT FOODS (THESE FOODS SHOULD BE EATEN IN LIMITED AMOUNTS AS THEY ARE NOT AS NUTRITIOUS)

©MADE BY THE CANTEEN (V) VEGETARIAN (GF) GLUTEN FREE

SALAD BOXES (freshly prepared all year round) (french vinaigrette dressing extra 30c)	Price	SNACKS and OVER THE COUNTER	Price
Mini Munch – lettuce, carrot, cucumber & tomato(v)(gf) □	\$3.50	Bunny Bag (carrot/celery/cucumber sticks) (v)(gf) □	FREE
Mega Salad – mini munch with shredded chicken breast or sliced leg ham or egg (v)(gf) or cheese (v)(gf) © □	\$4.00	Rice crackers (gf) □ 5 for 20c or 5c ea.	
SANDWICHES/WRAPS (toasted 50c extra) All sandwiches and wraps are made with fresh fillings daily on wholemeal bread or wraps. (no butter/mayo unless specified) GF bread available.		School fruit bar 20g □	40c
		Seasonal fresh fruit of the day □ (raffle ticket entry)	50c
Vegetemite, jam, honey or cheese © ◆ (1 filling)	\$2.50	Cheese stick 20g (gf) □	80c
Salad (lettuce, carrot, cucumber & tomato) (v) © □	\$3.50	Polly pack (cheese 20g + 5 crackers) (gf) □	\$1.00
Salad (lettuce, carrot, cucumber & tomato) with shredded chicken breast or sliced leg ham or egg(v) or cheese(v) □ ©	Extra 50c each filling	Jelly pot with fruit (gf) © ◆	50c
Shredded chicken breast or sliced leg ham with tomato + cheese © □ (3 fillings)	\$3.50	Mrs R's coconut balls (limit 2) © ◆	50c
Shredded chicken breast or sliced leg ham with pineapple + cheese © □ (3 fillings)	\$3.50	Mrs R's choc-chip cookie (limit 2) © ◆	50c
Shredded chicken breast or sliced leg ham + cheese © □	\$3.00	Mrs R's fruit muffin © ◆	50c
Cheese + tomato © □ (2 fillings)	\$3.00	Ovalteenies 15g ◆	\$1.00
HOT FOOD (tomato or BBQ sauce extra 30c)		Popcorn, potato chips (gf) ◆	\$1.00
Boiled egg (gf) □	50c	Jumpys (various flavours) ◆	\$1.00
Corn cob (v) (gf) □	\$1.00	Lolly treat (gf) FRIDAYS ONLY (limit 5) ◆	10c ea.
Mrs R's vegetarian slice (v) (gf) © □	\$3.50	THIRST QUENCHERS and OVER THE COUNTER	\$2.00
Chicken nuggets x 3 ◆	\$2.00	Flavoured milk (choc/straw) 250ml ◆	
Chicken breast schnitzel – on it's own ◆	\$3.00	Bottled water 350mls or plain milk 300mls □	
Mrs R's mini quiche Lorraine (gf) © ◆ 1.50 each or 3 for \$4.00		Juice popper 100% apple, apple & blackcurrant or paradise punch 200mls □	
Cheese & Spinach Roll	\$3.50	Seasonal fresh fruit smoothie (to be collected from the canteen) 200mls □	
Nachos (corn chips, salsa, beans and cheese) (v) © ◆	\$4.00	FROZEN ITEMS and OVER THE COUNTER	
Chicken breast schnitzel burger – chicken breast schnitzel, lettuce, mayonnaise on wholemeal roll © ◆	\$4.00	Frozen seasonal fruit sticks © □ (raffle ticket entry)	50c
WEEKLY SPECIALS \$3.00 WEDNESDAY ONLY – Pizzas (cheese (v) or cheese & bacon or cheese, bacon & pineapple) © ◆ THURSDAY ONLY – Hot dog with/out cheese (skinless frankfurt on a wholemeal roll) © ◆ FRIDAY ONLY – Sausage roll or meat pie ◆		"Mini" frozen jelly (limit 2) ◆	25c
		Quelch fruit sticks (limit 2) ◆	50c
<div style="background-color: #ff00ff; padding: 5px;"> CLASSROOM BIRTHDAY PACK Let us help celebrate your child's birthday with a special treat for each child in the class. Every birthday child who orders a Classroom Birthday Pack will receive a small gift. Orders to be made via Qkr! A week's notice is required. Choose one of the following: </div>		Frozen fruit juice cups 110mls ◆	\$1.00
		Rainbow Paddle pop ◆	\$1.50
<div style="background-color: #00ff00; padding: 5px;"> TEACHER SIZE MEAL DEAL \$8.00 3 mini quiche lorraine's or veggie slice or chicken schnitzel (on it's own) + mini munch salad + water + treat © □ </div>		Frozen yoghurt twist 100g (gf)	\$2.00
		<div style="background-color: #00ff00; padding: 5px;"> JUNIOR SIZE MEAL DEAL \$6.00 All meals come with a piece of fresh fruit, bottled water, cheese stick and a treat. Choose one of the following: * chicken schnitzel (on it's own) □ or * chicken schnitzel burger □ or * salad wrap © □ or * 3x mini quiche lorraine's © □ </div>	
<div style="background-color: #00ff00; padding: 5px;"> Do you want to win a \$2 voucher to spend at the canteen? Simply purchase fresh or frozen fruit from the canteen and be in the weekly draw to WIN!!! </div>			
		<div style="background-color: #00ff00; padding: 5px;"> 1. Chocolate coconut balls © 2. Rainbow chocolate cookies 3. Lolly in a pond jelly cup (gf) © </div>	
<div style="background-color: #00ff00; padding: 5px;"> </div>			

For more information about our "classroom birthday packs" please go to the school website, <http://www.stpandp.act.edu.au/parents/schoolcanteen.html>